

**MONTANA AA INDIVIDUAL GIRLS STATE CHAMPIONS**

<b>YEAR</b>	<b>LOCATION</b>	<b>GIRLS</b>	<b>SCHOOL</b>	<b>TIME</b>
2012	Helena	Paige Gilchrist	Hellgate	17:47
2011	Missoula	Caroline Hardin	Bozeman	17:25
2010	Helena	Caroline Hardin	Bozeman	17:30
2009	Missoula	Heidi Turner	Bozeman	17:59
2008	Missoula	Heidi Turner	Bozeman	17:40
2007	Helena	Heidi Turner	Bozeman	17:47
2006	Helena	Katie Gilboy	Capital	17:42
2005	Missoula	Katie Gilboy	Capital	18:06
2004	Helena	Zoë Nelson	Flathead	17:08
2003	Missoula	Zoë Nelson	Flathead	17:35
<b>2002</b>	<b>Helena</b>	<b>Zoë Nelson</b>	<b>Flathead</b>	<b>16:50*</b>
2001	Helena	Zoë Nelson	Flathead	17:29
2000	Helena	Heidi Lane	CMR	17:55
1999	Helena	Heidi Lane	CMR	17:45
1998	Helena	Amber Arvidson	Flathead	17:50
1997	Helena	Amber Arvidson	Flathead	18:23
1996	Helena	Molly McManus	CMR	18:31
1995	Helena	Danielle Loomis	CMR	18:36
1994	Helena	Danielle Loomis	CMR	18:38
1993	Helena	Emily Nay	Capital	18:11
1992	Helena	Carrie McMurray	Flathead	18:08
1991*	Helena	Emily Nay	Capital	19:03
1990	Helena	Kara Ackerly	Flathead	18:55
1989	Helena	Heidi Ackerly	Flathead	18:34
1988	Helena	Jeannie Berthiaume	Helena High	17:51
1987	Helena	Heidi Ackerly	Flathead	18:04
1986	Helena	Jeannie Berthiaume	Helena High	18:01
1985	Helena	Kathy Jarvis	Havre	11:36
1984	Butte	Kathy Jarvis	Havre	12:30.0
1983	Helena	Kathy Jarvis	Havre	11:17
1982	Billings	Kathy Jarvis	Havre	11:22
1981	Great Falls	Jill Keller	Flathead	12:49
1980	Helena	Rita Schwehr	Senior	12:29
1979	Great Falls	Chris Hoth	West	12:39
1978	Helena	Teresa Pidcock	CMR	11:47.0
1977	Great Falls	Teresa Pidcock	CMR	12:23.0
1976	Helena	Laurie Holm	Sentinel	11:32
1975	Great Falls	Laurie Holm	Sentinel	9:19.0
1974	Helena	Laurie Adams	Helena High	8:16
1973	Billings	Laurie Adams	Helena High	8:50.0
1972	Helena	Julie Brown	Senior	8:16.0
1971	Great Falls	Millie Shaner	Great Falls	8:24.4
1970	Missoula			
1969	Billings			
1968	Billings			
1967	Missoula			

1966	Billings	A/B DIVISIONS ONLY		
1965	Billings	A/B DIVISIONS ONLY		
1964	Billings	A/B DIVISIONS ONLY		

1959 Boys Cross Country Started

1964 First State Meet

1964-1971 Boys ran 2 miles

1972-1974 Boys ran 2.5 miles

1975 Boys moved up to 3 miles

1971 Girs Cross Country Started

1971-1975 Girls ran 1.5 miles

1976-1985 Girls ran 2 miles

1986 Girls moved up to 3 miles

\*State Record