

| MONTANA GIRLS' STATE MEET CROSS COUNTRY RECORDS | | |
|--|-------------|-------------|
| TEAM | | |
| <u>Most State Championships</u> | | |
| 15 Flathead | | |
| 11 Centerville | | |
| 11 Fergus(Lewistown) | | |
| 10 Jefferson(Boulder) | | |
| 11 Glasgow | | |
| 8 Browning | | |
| 8 Great Falls CMR | | |
| 8 Bozeman | | |
| 4 Whitefish | | |
| 4 Valier | | |
| 4 Great Falls High | | |
| 4 Cascade | | |
| 3 Lodge Grass | | |
| <u>Consecutive</u> | | |
| 8 Glasgow | 1973-80 | |
| 5 Centerville | 1982-86 | |
| 5 Belt/Centerville | 06-10 | |
| 4 Whitefish | 07-10 | |
| 6 Bozeman | 07-12 | |
| 4 Fergus (Lewistown) | 1983-86 | |
| 4 Flathead | 2001-2004 | |
| 4 Flathead | 1986-89 | |
| 4 Valier | 1988-91 | |
| 3 Browning | 1980-82 | |
| 3 Jefferson (Boulder) | 1981-83 | |
| 3 Browning | 1984-86 | |
| 3 Manhattan Christian | 2000-02 | |
| 2 Froid | 1972-73 | |
| 2 Bozeman | 1982-83 | |
| 2 Jefferson(Boulder) | 1989-90 | |
| 2 Cascade | 1993-94 | |
| 2 Jefferson(Boulder) | 1989-90 | |
| 2 Loyola Sacred Heart | 2003-2004 | |
| 2 Billings Senior | 2005-2006 | |
| 2 Ronan | 2005-2006 | |
| <u>Best State Meet Team Scores</u> | | |
| 30 (AA) Bozeman | 2009 | |
| 25 (A) Glasgow | 1976 | |
| 24 (B) Seeley Swan | 1973 | |
| 13 (C) Twin Bridges | 2012 | (Scoring 3) |
| INDIVIDUAL | | |
| STATE CHAMPIONSHIPS | | |
| <u>Four Time State Champions</u> | | |
| Kathy Jarvis | Havre | 1982-85 |
| Ruby Yellowtail | Lodge Grass | 1989-92 |
| Zoe Nelson | Flathead | 2001-2004 |

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|---|---------------------|------------|------|
| Three Time State Champions | | | |
| Clesa Bowman | Frenchtown | 1980-82 | |
| Patrice Anthony | Centerville | 1982-84 | |
| Flora Big Hair | Hardin | 1991-93 | |
| Elizabeth Roodell | Eureka | 1994-96 | |
| Lois Ricardi | Manhattan Christian | 2000-2202 | |
| Heidi Turner | Bozeman | 2007-2009 | |
| Rodgers, Brook | Fergus | 2008-2010 | |
| Mackenzie O'Dore | Joliet | 2008-2010 | |
| Two Time State Champions | | | |
| Gayle Hunt | Hot Springs | 1971-72 | |
| Laurie Adams | Helena | 1973-74 | |
| Kathy Estes | Phillipsburg | 1973-74 | |
| Laurie Holm | Missoula Sentinel | 1975-76 | |
| Gena Brown | Forsyth | 1976-77 | |
| Theresa Pidcock | Great Falls CMR | 1977-78 | |
| Jennifer Red Fox | Labre | 1978-79 | |
| Mary Losensky | Hamilton | 1980-81 | |
| Kalli Ryti | Terry | 1985-86 | |
| Christine Mount | Wolf Point | 1985-87 | |
| Jeannie Berthiaune | Helena | 1986, 88 | |
| Leasha Omeasoo | Browning | 1987-88 | |
| Heidi Ackerly | Flathead | 1987, 89 | |
| Brenda Naber | Havre | 1989-90 | |
| Venessa Guardipee | Valier | 1989, 92 | |
| Emily Nay | Helena Capital | 1992-93 | |
| Muffy Schmidt | Miles City | 1997, 1999 | |
| Amber Arvidson | Flathead | 1997-1998 | |
| Heidi Lane | Great Falls CMR | 1999-2000 | |
| Bethany Long | Wolf Point | 1999-2000 | |
| Jayme Larson | Glasgow | 2002-2003 | |
| Kara DeWalt | Darby | 2004-2005 | |
| Katie Gilboy | Helena Capital | 2005-2006 | |
| Brook Rodgers | Fergus | 209-2010 | |
| Warner, Chiara | Broadwater | 2009-2010 | |
| Caroline Hardin | Bozeman | 2010-2011 | |
| Sadi Henderson | Corvallis | 2011-2011 | |
| Makena Morley | Big Fork | 2011-2012 | |
| State Course Records(Helena) 3 Miles | | | |
| Zoe Nelson (AA) | 16:50 | Flathead | 2002 |
| Flora Big Hair (A) | 17:39 | Hardin | 1992 |
| Elizabeth Roodell (B) | 17:58 | Eureka | 1996 |
| Kalli Ryti (C) | 18:40 | Terry | 1986 |
| Christine Mount (B-C) | 18:21 | Wolf Point | 1987 |
| State Course Records (Missoula) | | | |
| Caroliine Hardin, (AA) | 17:25 | Bozeman | 2011 |
| Sadi Henderson, (A) | 18:30 | Corvallis | 2011 |
| Makena Morley (B) | 17:44 | Big Fork | 2011 |
| Mackenzie O'Dore, © | 18:43 | Joliet | 2009 |

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| State Course Became 3 miles in 1986 | | | |
| State Meet Course Was Changed in 1993-Helena | | | |
| | | | |
| State Course Records | <u>2 Miles</u> | Became 2 miles in 1976 | |
| Kathy Jarvis (AA) | 11:17.7 | Havre | 1983 |
| Terri Anderson (A) | 11:30.4 | Hamilton | 1978 |
| Christine Mount (B) | 11:42.2 | Wolf Point | 1985 |
| Kalli Ryti (C) | 12:00.2 | Terry | 1986 |
| | | | |
| State Course Records | <u>1.5 Miles</u> | | |
| Laurie Adams (AA) | 8:16.4 | Helena | 1974 |
| Doris Mahugh (A) | 8:15.3 | Glasgow | 1974 |
| Kathy Estes (B) | 9:40.0 | Phillipsburg | 1974 |
| Glen Friesen (C) | 10:18.0 | Frazer | 1971 |
| | | | |
| Top 3 Mile Performers at State | <u>Helena</u> | | |
| 16:50 | Zoe Nelson | Flathead | 2002 |
| 17:08 | Zoe Nelson | Flathead | 2004 |
| 17:29 | Zoe Nelson | Flathead | 2001 |
| 17:31 | Heidi Lane | Great Falls CMR | 2001 |
| 17:39 | Flora Big Hair | Hardin | 1992 |
| 17:42 | Katie Gilboy | Helena Capital | 2006 |
| 17:47 | Heidi Turner | Bozeman | 2007 |
| 17:51 | Jeannie Berthiaune | Helena | 1988 |
| 17:58 | Elizabeth Roodell | Eureka | 1996 |
| 17:58 | Muffy Schmidt | Miles City | 1998 |
| 18:04 | Heidi Ackerly | Flathead | 1987 |
| 18:04.7 | Carlene Old Person | Browning | 1986 |
| 18:06 | Sabrina Monroe | Jefferson County | 1997 |
| 18:08 | Carrie McMurray | Flathead | 1992 |
| 18:08 | Emily Nay | Helena Capital | 1992 |
| 18:13 | Keely West | Great Falls CMR | 2007 |
| 18:18.7 | Jennifer Parson | Flathead | 1986 |
| 18:20 | Leasha Omeasoo | Browning | 1987 |
| 18:20 | Ruby Yellowtail | Lodge Grass | 1992 |
| 18:21 | Christine Mount | Wolf Point | 1987 |
| 18:21 | Caitlin Stone | Missoula Sentinel | 2007 |
| Missoula | Missoula | | |
| 17:35 | Zoe Nelson | Flathead | 2003 |
| 17:40 | Heidi Turner | Bozeman | 2008 |
| 17:59 | Heidi Turner | Bozeman | 2009 |
| | | | |
| COACHING | | | |
| Most State Chamionships | | | |
| 13 Paul Jorgensen | Flathead | 80,86,87,88,89,91,93,94,96,2001,02,03,04 | |
| 10 Eadie Schultz | Fergus (Lewistown) | 71,72,83,84,85,86,88,96,98,99 | |
| 8 Branch Brady | Great Falls CMR | 76,78,84,92,95,97,98,99 | |
| 7 Randy Shepard | Browning | 80,81,82,84,85,86,92 | |
| 6 Mark Garber | Belt/Centerville | 02,06,07,08,09,10,11 | |
| 6 Sam Samson | Jefferson (Boulder) | 81,82,83,87,89,90 | |
| 6 Clint May | Bozeman | 07,08,09,10,11,12 | |
| 6 Mark Yoakam | Glasgow | 76,77,78,79,80,93 | |
| 3 Dan Freund | Glasgow | 73,74,75 | |